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## Sometimes we need a little push

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This is especially true when you are a small business owner or independent artists. You have to kick your own butt and well sometimes that can be tiring. Other times, you get so stuck in the day-to-day you forget about thinking strategically to help you and your business grow.

Sometimes you have to call in the big guns and hire a life coach. I was very lucky to run into a wonder life and career coach, Julie Melillo. She is the owner of the Manhattan-based coaching company: [www.yourdreamslifecoach.com](http://www.yourdreamslifecoach.com). Ambitious, wonderful and client driven. It's worth the investment in yourself and your business!

Here's some additional contact information:

Julie Melillo Life Coaching  
Certified Life Coach, member NYC ICF  
New York, NY 10002  
520.979.0002 (cell)  
480.393.4742 (fax)  
[email@yourdreamslifecoach.com](mailto:email@yourdreamslifecoach.com)

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